

DAINTING A BRIGHTER FUTURE

VIRTUAL RESOURCE FAIR





















APRIL 23, 2024



A place for special caring, teaching and learning.

Pediatric Day Health Care Centers are bright, fun places built especially for children with complex medical needs. We provide a safe, caring environment for children up to age eight, allowing them to receive skilled nursing care and therapies while playing and interacting with their peers.

Caring from the Heart

Our Day Health Care Centers are managed by outstanding pediatric nurses, aides, drivers, and therapists who provide the most compassionate care you will find. Our staff members are dedicated to treating each patient with the same care they would want their own loved ones to receive.

> To learn more about our Pediatric Day Health Care Centers, call us at **850-701-3920**.

> > aveanna.com





BLIND BABIES PROGRAM





This program provides early intervention services to families and their children with visual impairments from birth through age five. Services are coordinated through partnerships with private providers. After reviewing information from the child's eye physician, a Division of Blind Services Children Specialist a determines the child's eligibility and refers to a private provider to develops a plan for learning experiences. Parents and caregivers learn strategies to help the child continue learning and practice skills between appointments with the specialist. The goal is to prevent developmental delays and prepare the child for independence and education.

Services include:

- Assess the child's needs and develop a plan to address these needs
- Educating parents on the effect the visual impairment has on the child
- Providing support and information for transition to preschool and kindergarten
- Training parents to teach their children skills like reaching, grasping, eating, toileting and dressing
- Linking child and family to other community services

For more information about the Blind Babies Program or to find the nearest Division of Blind Services office, visit **dbs.fldoe.org** or call **1-800-342-1828**.



CHILDREN'S PROGRAM





In the Children's Program, a Division of Blind Services children's specialist works with the child, parents, local school district, and other professionals to provide guidance, information, advocacy, and special opportunities throughout the child's elementary and middle school years. Additionally, the Children's Program promotes educational goals and enhances the child's readiness for high school.

Services include:

- Referral to agencies for supplemental services
- Training parents to understand the impact of the visual impairment on their child's education and independent living skills
- Information about devices designed to maximize communication skills
- Educating parents about their rights and responsibilities in the development of the child's Individual Education Plan (IEP)
- Information about technology and devices designed to maximize communication skills
- Invitation to special networking and educational events.

For more information about the Children's Program or to find the nearest Division of Blind Services office, visit *dbs.flodoe.org* or call *1-800-342-1828*.

CS-001 Application for Services

Revised 03/13/2024



Department of Education Division of Blind Services Social Security Number Collection Policy

In compliance with Section 119.071(5), Florida Statutes, this statement serves to notify you of the purpose for the collection and usage of your social security number by the Florida Department of Education, Division of Blind Services ("Division").

You will be asked to provide your Social Security Number (SSN) on this application. Social Security Numbers are collected as part of the process of helping blind or visually impaired individuals gain meaningful employment and thereby increase their independence and self-sufficiency. If you choose not to provide your SSN on this form, the Division will contact you for your SSN and any additional information that may be needed to complete the application process.

Asterisk (*) indicates a required field.

I am interested in the following service(s)

Programs (Please select only one):				
☐ Blind Babies Program (Birth – Age 5)				
☐ Children's Program (Age 5 – Age 13)				
☐ Transition Services (Pre-Employment Age	14 – Age 21)			
☐ Independent Living (Age 18 and Over)				
☐ Vocational Rehabilitation (Employment Related Services)				
Other				
Special Services (Optional):				
☐ Orientation and Mobility	☐ Braille Instruction / Communication Services			
☐ Assistive Technology Services	☐ Home and Personal Management Services			
☐ Student Readiness Services	☐ Employment Services			
☐ Supported Employment Services	☐ Self-Employment Services			
☐ Business Enterprise Services	☐ I am not sure			

Basic Information

Last Name *		First Name	*	Middle Initial			
Social Security Number	Date of	Birth *					
Street Address or PO Box *			Apt. Numbe	r County	*		
City *				State *	Zip Code *		
E-mail Address							
Home Phone	Cell Phone W			Work Phon	/ork Phone		
Directions to your home	I			<u> </u>			
Personal Information							
Race: American Indian or Ala	skan Nativ	re 🗌 C	aucasian or W	/hite 🔲 I	Hispanic or Latino		
☐ Black or African Americ	can	□ A	Asian Not Available				
☐ Native Hawaiian or Oth	er Pacific	Islander					
Sex *:	Male		emale	Not Available	•		
Marital Status:	Single	M	☐ Married ☐ Divorced				
Your Primary Language:	English	□ S _l	☐ Spanish ☐ American Sign Language				
Are you a registered voter? *	Yes [] No					
Are you a veteran?	Yes [] No					
Highest Level of Education:] High Sch] Associate		achelor 🗌 aster 🗎	Ph.D. (Docto Other	rate)		
Last School Attended:				Da	ate:		
Are You Employed?	Yes [No Wo	rk Hours:	Full Time	☐ Part Time		
What is your job title?							
Are You a U.S. Citizen? *	Yes [No If N	lot. List Statu	s:			

Medical Information

Eye Condition:							
Eye Physician:		Date Last Seen	?				
Secondary Disability:							
Visual Impairment in both eyes? *	Yes No						
Service Information							
Have you ever received services from this agency?							
If yes, when?							
I would like information in: Regular Print Large Print Braille E-Mail or CD							
Additional Comments:							
Disclosure and Signature I understand that I am applying for services from the Division of Blind Services and that all eligibility is determined without regard to race, color, religion, sex, national origin, age, marital status, or disability. Applicant's Signature Date							
Parent or Guardian's Last Name Parent or Guardian's First Name			Phone Number				
Parent or Guardian's Signature		Date	Relationship				
Provider's Name		Provider's Initials	Date				

District Office Addresses and Phone Numbers

District 1 - Pensacola

Division of Blind Services 600 University Office Bvld., Bldg 17 Pensacola, FL 32504 Phone: 1 (850) 484-5122

District 2 - Tallahassee

Division of Blind Services 3900 Commonwealth Boulevard Suite 351, Douglas Building Tallahassee, FL 32399 Phone: (850) 245-0370 or Toll Free: 1 (800) 672-7038

District 3a - Gainesville

Division of Blind Services 3620 NW 43rd Street Suite C Gainesville, FL 32606-8100 Phone: 1 (352) 955-2075 or Toll Free: 1 (800) 443-0908

District 5a - Cocoa

Division of Blind Services 1970 Michigan Avenue, Building A-2 Cocoa, FL 32922

Phone: 1 (321) 634-3680 or Toll Free: 1 (877) 506-2729

District 7 - Tampa

Division of Blind Services 415 South Armenia Avenue Tampa, FL 33609

Phone: 1 (813) 871-7190 or Toll Free: 1 (800) 757-7190

District 9 – Fort Myers

Division of Blind Services 5256 Summerlin Commons Way, Suite 201 Ft. Myers, FL 33907 Phone: 1 (239) 278-7130 or Toll Free: 1 (800) 219-0180

District 10 - West Palm Beach

Division of Blind Services 400 N Congress Avenue, Suite 305 West Palm Beach, FL 33401 Phone: 1 (561) 681-2548 or Toll Free: 1 (866) 225-0794

District 12 - Miami

Division of Blind Services 401 N.W. 2nd Ave., Suite S-712 Miami, FL 33128 Phone: 1 (305) 377-5339 or

Toll Free: 1 (888) 529-1830

District 1a - Panama City

Division of Blind Services 2505 W. 15th Street, Suite B Panama City, FL 32401 Phone: 1 (850) 872-4181

District 3 - Jacksonville

Division of Blind Services 1809 Art Museum Dr. Suite 201 Jacksonville, FL 32207 Phone: (904) 348-2730 or Toll Free: 1 (800) 226-6356

District 5 - Daytona Beach

Division of Blind Services 1185 Dunn Avenue Daytona Beach, FL 32114 Phone: 1 (386) 254-3800 or Toll Free: 1 (800) 329-3801

District 6 - Orlando

Division of Blind Services 400 W. Robinson St., Suite S1026 Orlando, FL 32801-1784 Phone: 1 (407) 245-0700 or Toll Free: 1 (866) 841-0928

District 7a - Lakeland

Division of Blind Services 402 S. Kentucky Ave. Suite 340 Lakeland, FL 33801 Phone: 1 (863) 499-2385 or Toll Free: 1 (877) 728-7738

District 9a - Palmetto

Division of Blind Services 600 8th Avenue, W., Suite 401 Palmetto, FL 34221 Phone: 1 (941) 721-2914 or Toll Free: 1 (800) 500-6412

District 11 - Sunrise

Division of Blind Services 7771 W. Oakland Park Blvd. Suite 185 Sunrise, Florida 33351 Phone: 1 (954) 746-1770



We are here to help you connect with services in the community that benefit you and your family. Pregnant women, families and caregivers with young children are welcome!

Services

- Pregnancy education and support
- Childbirth education
- Newborn care instruction
- Breastfeeding education and support
- Parenting education and support
- Help to quit smoking
- Counseling services
- Nutritional education
- School readiness
- Child development education and support
- Family planning education
- Infant safety
- Home visiting
- Other community resources



Figure of Speech, LLC

SPEECH AND LANGUAGE SERVICES

Tallahassee, FL



3370 CAPITAL CIRCLE NE STE. A TALLAHASSEE, FL 32308

P) <u>850-629-9105</u> F) <u>1-855-921-1902</u>

E)CONTACT@FIGUREOFSPEECHSERVICES.COM

We are so happy you're here!

Section 1 - Introduction

Section 2 - Ages Served

Section 3 - The Therapist

Section 4 - Payment Options

Section 5 - Self-Pay Rates

Section 6 - Contact Us

Figure of Speech, LLC

BIO

We provide speech and language therapy, evaluations & consults to ages 0-21 in Tallahassee, FL.

Figure of Speech accepts all modes of communication (e.g. communication devices, sign, spoken words) and works with the family to create a plan that supports skills needed within the home, school, and work environment.



Birth-21 Years Old

THE LITTLES

For the littles, therapy can include helping a child say and combine their first words, create sounds, ask for help, and understand simple directions.

This age relies heavily on play-based therapy, incidental teaching, and parent coaching.



PRE-K - SCHOOL AGE

For school-aged children, therapy can include increasing vocabulary, reading comprehension, accurate speech productions, and expression of ideas.



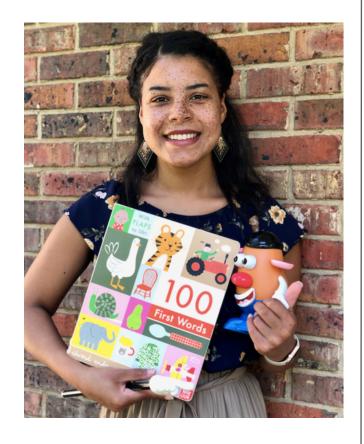
Figure of Speech, LLC

ADOLESCENTS

For the older children to adults, therapy can include assisting in life skills needed for higher grade levels and work-based settings such as inferencing, problem solving, and prediction.



The Therapist



Lidya M.Ed., CCC-SLP Speech-Language Pathologist

Lidya is a licensed Speech
Language Pathologist that has
been serving the Tallahassee
area since 2018.

She has provided therapy in a variety of settings including within the clinic, schools, skilled nursing facilities, adult group homes, patient homes, and via tele-therapy.

She most enjoys working with children on pronouncing their sounds and with littles on creating their first words.

Therapy Model

- Play Based Therapy
- Child-Led Therapy
- Parent Coaching
- Neurodiversity
 Affirming: (e.g. respecting the child's autonomy, promoting self-advocacy, reframing the expectations)
- Supporting all modes of communication:
- (e.g. spoken words, signs/gestures, communication devices)

Payment Options



We're here to help. None of these fit your circumstance? Contact us to discuss other scholarships and funding options.

Insurance

- Sunshine (0-34 months)
- Childrens Medical
 Services (CMS)
- Ambetter
- Humana Medicaid
- Florida Blue PPO Plans *
- -Tri-Care East / HumanaMilitary *

Scholarships/ Funding

- Family Empowerment
 Scholarship Unique
 Abilities
- VPK SIS through the
 Early Learning Coalition
 (ELC)

Figure of Speech, LLC

Self-Pay / Private Pay Rates



TESTING RATES

Speech Evaluation + Interpretation Report: \$215

Language Evaluation + Interpretation Report:

\$275

 ${\bf Speech\ and\ Language\ Evaluation+Interpretation}$

of Report: \$350

Each Evaluation Requires Clinical
Interpretation to Create a Treatment Plan
that Fits Your Child's Needs.



TREATMENT RATES

Therapy is billed in units of 15 minute increments.

1 Unit: \$28.75

2 Units: \$57.50

3 Units: \$86.25

4 Units: \$115

*Please note there is a minimum of 2 units for

scheduling

Figure of Speech, LLC

How Do I Know How
What Test or How Many
Units My Child Needs?

You can
schedule a
free
consultation
to discuss
your
concerns!

CONTACT US NOW

EARLY BIRD SCHEDULING

We have a limited amount of in-home and in-daycare spaces.

Schedule a phone call with us to discuss your options.



CLINIC INFORMATION

Have more questions? Need to send over a referral?

3370 Capital Circle, NE Ste. A

Tallahassee, FL 32308

Call: 850-629-9105 Fax: 855-921-1902

Email:

contact@figureofspeechservices.com



Figure of Speech, LLC

Follow us on Social Media!



Figure of Speech, LLC



@figureofspeechandlanguage



SG MENTAL HEALTH COUNSELING PRENSENTS





HOW TO INTRODUCE



FINANCIAL LITERACY TO YOUR CHILD

VIRTUAL WORKSHOP

Friday APRIL 26, 2024 at 11:30 AM





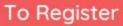


Marissa Batie-Collier
Chief Executive
Officer, SG Mental
Health Counseling



Cindy Michel
Business Development
Leader, VyStar Credit
Union







To Register





850-536-6632



10. Will not use street drugs or take other people's prescription medicines. Taking drugs not prescribed for me is not good for me. I want to be healthy! ☐ Make an appointment with my doctor to talk about help for this. ☐ Find a support person or group for additional help. 11. Reduce my alcohol intake. ☐ Reduce my drinking to less than 7 drinks a week and never more than 1 on any occasion http://www.cnpp.usda.gov/Publications/ DietaryGuidelines/2010/PolicyDoc/ExecSumm.pdf ☐ Make an appointment with my doctor to talk about help for this. ☐ Stop drinking immediately if I find myself pregnant. Drinking during pregnancy can cause birth defects. There is no known safe level of alcohol in pregnancy. ☐ Find a support person or group for additional help. 12. Stop partner violence. Abuse can be emotional, physical, or sexual. No one deserves to be abused. I love myself and my child or children enough to take steps to deal with violence if it should happen to me or my family. ☐ Talk with my doctor. Talk with a counselor. ■ Make a plan. Call the National Domestic Violence Hotline at 1-800-799-SAFE (7233) or 1-800-787-3224 (TDD). 13. Manage my health conditions, such as asthma, diabetes, overweight.

☐ Learn more about my health condition(s).

health condition(s) and my medicines.

the plan.

☐ Talk with my doctor about a plan to manage my

☐ Find a support person or group to help me with

14. Learn about my family's health history.Learning about health problems in my family can help my doctor and me determine which problems to look for

and how to prevent or deal with them.

Taking time to look at your life goals and getting as healthy as you can be will allow you to take full advantage of the opportunities that lie ahead. Talk with your partner and your doctor about how to best put this plan into action. Remember that life happens, and plans can change. So, put this in a place so that you can look at it regularly and update it—and take it with you to your next appointment with your doctor. And, if you decide you want to have a baby sometime in the near future, be sure to plan your pregnancy and get your body ready before you get pregnant! To be ready for any path you choose, start making healthy choices today. Show your love to the most important person in the world—YOU!

Ask my parents, grandparents, brothers, sisters,

aunts, uncles, and cousins about any health

https://familyhistory.hhs.gov/fhh-web/familyHistory/

15. Get regular checkups. See my doctor for

■ My doctors' names and phone numbers are

regular appointments and if I have guestions.

problems in the family.

■ Keep a record of my findings.

My next appointments are

Questions to ask my doctor.

start.action

■ Update yearly.

Show Your Preconception Love Health

Show Your LOVE!

Steps to a **Healthier me!**

Life offers many opportunities. Take time to think about your goals for school, for your job or career and for your health. Your physical and mental health are important in helping you achieve the goals you set for yourself. This is a tool to help you set your goals and make a plan.

Start by choosing your goals for this year. It is easier to focus on 2-3 goals. Then, use the checklist below to set your plan into motion.

Date plan made or revised: ____

My top health 3 goals for this year are

- 1.
- 2.
- 3.



Centers for Disease Control and Prevention National Center on Birth Defects and Developmental Disabilities

Goals for a **Healthierme!**









Zz



Changes in insurance plans might mean that you are eligible for some preventive health services, such as screening, vaccinations, contraception (birth control), and counseling, with no co-payment or deductible. To learn more, talk with your health insurance company agent.

1. Prevent unplanned pregnancies.

My decision may change later, but for now, I have decided that I do not want to get pregnant. If I am having sex and do not want to get pregnant, I will

- ☐ Talk with my partner to share my pregnancy desires and gain support for my plan.
- □ Select a method of birth control that is effective and fits my needs.

If I choose an IUD or implant, I don't need to do anything except get my method replaced on time (3-10 years) and talk to my provider if I have any questions or problems with my method.

If I choose other methods, I will use my method correctly and consistently at all times, and make sure that I get more supplies before I run out. I will also talk to my provider if I have any questions or problems with my method.

2. Eat healthy foods.

Planning meals and snacks ahead of time and having the food on hand make it less likely that I will make unhealthy choices.

- ☐ Make a list before I go to the grocery store, farm stand or market, or neighborhood garden.
- ☐ Shop the outside edge of the store where the healthiest food is sold.
- ☐ Include plenty of vegetables and fruits. (Eat my colors!)

3. Be active.

Setting aside a time for regular physical activity and being physically active with a friend will help me keep my plan. Fitting in several short 10 minute physical activity sessions throughout the day can help me reach my activity goal.

- ☐ Try to get 150 minutes of moderate intensity physical activity each week.
- ☐ Find an exercise friend.
- ☐ Find ways to be active at home and at work.

4. Take 400 micrograms (mcg) of folic acid daily.

Folic acid is good for my health. Taking it daily will help prevent birth defects of the brain and spine if I should decide to or accidently get pregnant.

- ☐ Take a vitamin every day unless I eat a serving of breakfast cereal that says it has 400 mcg of folic acid on the nutrition label.
- Place vitamins by my toothbrush or on the kitchen counter or ______to help me remember to take them daily.

5. Protect myself from sexually transmitted infections (STIs).

Abstinence (not having sex) is the best protection from STIs.

- Agree to have sex with only one person who has agreed to have sex with only me.
- Buy a supply of condoms, and use them correctly and every time.
- ☐ Get checked if I have been exposed to STIs. http://www.cdc.gov/std/healthcomm/the-facts.htm
- If needed, take all the medicine for the full time as directed by my doctor.

Avoid harmful chemicals, metals, and other toxic substances around the home and in the workplace.

http://www.prhe.ucsf.edu/prhe/pdfs/ToxicMatters.pdf

http://www.marchofdimes.com/pregnancy/stayingsafe_indepth. html

7. Make sure my vaccinations (shots) are up-to-date.

Vaccinations are our best defense against many diseases. Sometimes, those diseases can cause serious problems. I want to protect myself against those diseases.

- ☐ Remember to get a flu shot every year!
- Check the vaccination schedule before I see my doctor.

http://www.cdc.gov/vaccines/schedules/easy-to-read/adult.html

☐ Remind my doctor to update my vaccinations.

8. Manage and reduce stress, and get mentally healthy.

☐ Learn more about getting mentally healthy.

http://www.womenshealth.gov/mental-health/

http://womenshealth.gov/publications/our-publications/fact-sheet/stress-your-health.cfm.

http://www.webmd.com/balance/stress-management/default.htm

Call National Institute of Mental Health (866-615-6464) for more information.

- ☐ Be aware of things that cause me stress.
- ☐ Make a plan to reduce my stress.
- ☐ Find a support person or group, if needed.

9. Stop smoking.

Smoking is not healthy for me or others around me. I want to be healthy! Second hand smoke is not healthy either. I will avoid being around people when they smoke.

- Make an appointment with my doctor to talk about help for this.
 My appointment is
- ☐ Check out http://betobaccofree.hhs.gov/quit-now/index. html and http://smokefree.gov/
- ☐ Call the quit line: 1-800-QUIT-NOW (1-800-7848-669)
- ☐ Find a support person or group for additional help.

MISSION: To provide a statewide system of voluntary, community-based home visitation services that strengthen families, promote positive parent-child relationships, and optimize the health and development of children.



Service Area

Healthy Families Seven Rivers proudly serves Jefferson, Madison, Taylor, Hamilton, and Lafayette counties.

Contact Information:



850-948-2741 1476 SW Main St. Greenville, FL 32331











Healthy Families Seven Rivers is a community-based, voluntary home-visiting program designed to support and educate parents through the first years of their child's life. The first five years of a child's life set the foundation for the type of adult he or she will become, so the role of Healthy Families Seven Rivers is to educate parents about healthy parenting options and to support them through this important- and sometimes stressful- time.

Program activities include:

- Family Health and Wellness
- Parent education and support
- Hands-on activities that increase positive parent-child relationships
- Home safety
- Child safety and development
- Promotion of self-sufficiency
- Resource linkage (including emergency assistance, food, job training, health insurance, etc.)
- Parent incentive program

Eligibility:

Pregnant mothers and mothers with babies three months old or younger who live in one of the following counties:

- Jefferson
- Madison
- Taylor
- Hamilton
- Lafayette

The services are completely free and are designed to meet the unique needs of every family served. Services are provided by well-trained Healthy Family professionals in the convenience of the family's home.

GOALS:

 Increase positive child outcomes

 Enhance parents' ability to create stable and nurturing homes

Promote child health and development

 Increase parents' ability to develop positive parentchild relationships

 Ensure families social and medical needs are met

 Ensure families are satisfied with services



MISIÓN: Proporcionar un Sistema estatal de servicios voluntarios de visitas a domicilio basados en la comunidad que fortalezcan a las familias, promuevan relaciones positivas entre padres e hijos y optimicen la salud y el desarrollo de los niños.



Service Area

Healthy Families Seven Rivers proudly serves
Jefferson, Madison, Taylor,
Hamilton, and Lafayette counties.

Contact Information:



850-948-2741 dhagan@healthystartjmt.org 1476 SW Main St. Greenville, FL 32331











Healthy Families Seven Rivers es un programa voluntario de visitas domiciliares basado en la comunidad diseñado para apoyar y educar a los padres durante los primeros años de la vida de sus hijos. Los primeros cinco años de vida de un niño sientan las bases para el tipo de adulto en el que se convertirá, por lo que el papel de

Healthy Families Seven Rivers es educar a los padres sobre las opciones de crianza saludables y para apoyarlos a través de este tiempo importante, y a veces estresante.

Las actividades del programa incluyen:

- Salud familiar y bienestar
- Educación de los padres y apoyar las actividades prácticas que aumentan las relaciones positivas entre padres e hijos
- Seguridad del hogar
- Seguridad del niño y desarrollo
- Promoción de la vinculación de recursos de autosuficiencia (incluyendo asistencia de emergencia, alimentos, capacitación laboral, seguro médico, etc.)
- Programa de incentivos para padres

Elegibilidad:

Madres embarazadas y madres con bebés de tres meses o menos que viven en uno de los siguientes condados: Jefferson, Madison, Taylor, Hamilton Lafayette
Los servicios son completamente gratuitos y están diseñados para satisfacer las necesidades unicas de cada familia. Los servicios son proveidos por profesionales entrenados y capacitados para la comodidad de las familias.

METAS:

- Aumentar los resultados positivos de los niños
- Mejorar la capacidad de los padres para crear hogares estables y nutritivos
- Promover la salud y el desarrollo de los niños
- Aumentar la capacidad de los padres para desarrollar relaciones positivas entre padres e hijos
- Asegurar que las familias sean satisfechas con las necesidades sociales y médicas
- Asegurar que las familias estén satisfechas con los servicios



FREQUENTLY ASKED QUESTIONS

Who is eligible to be a resident?

Pregnant women facing homelessness or experiencing crisis. Residents must be physically and mentally stable to participate.

Where do your residents come from?

Unsafe environments. MMGH residents are trying to escape abuse, a drug culture, or pressure from those who do not want them to keep their baby.

Where does funding come from?

MMGH is funded through donations, prayers and support of local congregations, and fundraising. All donations go directly to operating costs, such as rent, utilities, food, supplies, baby items, & transportation costs for residents' doctor appointments.



HOW YOU CAN BE A PART OF MMGH:

- 1) Become a monthly donor. Partner with us to provide a safe home, life skills, and prenatal care for MMGH young moms with your tax deductible gift.
- 2) Make a one-time financial donation by visiting the website below or a material donation by scanning the QR code to access our registries. https://engage.suran.com/womenspcfl/s/give/new-gift



- 3) Like and follow our pages on Facebook and Instagram. Share with your friends!
- 4) Word-of-Mouth. Invite us to share about our ministry at your church or community organization.
- 5) Volunteer. Weekly, monthly, or occasional volunteer opportunities available. Email Director Debra Harris at debrammgh@awpc.cc to find out how you can change the life of a young mother and her child.

CONTACT US



Making Miracles Group Home Debra Harris, Director (850) 727-3304 P.O. Box 12953 Tallahassee, FL 32317

debrammgh@awpc.cc

 ${\bf Making Miracles Group Home.org}$

Facebook: MakingMiraclesGH

Instagram: @makingmiraclesgrouphome





OUR MISSION

To teach values and skills necessary for a successful life filled with caring, contribution, and commitment

WHAT IS MAKING MIRACLES GROUP HOME?

WHO WE ARE

Making Miracles Group Home is a Christianbased transition program for homeless pregnant women.

Our mission is to instill in each young mother:

- Education of Spiritual guidance
- The vision to see opportunity within adversity
- Dedication
- · Quality care & love
- The value of setting goals
- The courage to succeed
- Importance of a stable family foundation

Daily activities include volunteering, employment, or continuing education.

Residents may set up an account for personal finances through our budget counseling program.

Within 30 days of residency, residents are required to apply for social services.



THE PROCESS

First Steps:

- A young mother is referred.
- Participant completes an application.
- Director interviews the potential resident.
- They mutually decide if the home is a good fit.

Phase One:

- Resident secures ID, chooses doctors/hospital, and accesses available community resources.
- If residents are early in their pregnancy (3-4 months), they also register for Career Source and early-learning vouchers.

Phase Two:

- Resident sets up day care, employment, & registers for housing assistance.
- If a resident delivers baby early, the process is put on hold for about 3 months & then resumes personal growth milestones.

ONGOING SERVICES

- Emotional support/supervision 24-hr day
- Teaching the value of an education
- Assistance with job applications and preparation for job interviews
- Social skill development to enable for a smooth transition to independence

LEAVING A FAMILY LEGACY

Ending the Cycle of Generational Dysfunction

A cornerstone of MMGH is ending negative thought patterns and behaviors, passed down from generation to generation, which are perceived and accepted as normal.

MMGH encourages and supports young women in breaking the patterns of negativity, complacency, reliance on government assistance, addictions, poverty, divorce, greed, and selfishness. Women are then free to plant a new family tree that blesses everyone around it with the fruit of God's Spirit including joy, faithfulness, and self-control (Galatians 5:22-23).



Jesus Christ is the center of MMGH and residents should have a desire to actively participate in Bible-based programs which include, but are not limited to, church attendance, daily devotions and group Bible study.





- Free housing program for single moms and their children (aged 2 and under) for up to one year
- Assistance with child care application, employment, food stamps, and medical care
- Mentoring and support
- ...and more!





WHY M.A.T



edication Assisted Treatment (MAT) services provides powerful tools to aid in your personal recovery efforts by incorporating the use of prescribed medications into traditional treatment and counseling services. The use of these medications to curb cravings, withdrawal, and detox of opioids is coupled with our practiced therapeutic interventions in group, individual, and family counseling or case management.



LEON COUNTY

1000 West Tharpe Street, Suite 14 Tallahassee, FL 32303 Telephone: 850.561.0717

GADSDEN COUNTY

305-B West Crawford Street Quincy, FL 32351 Telephone: 850.627.3599

WAKULLA COUNTY

85 High Drive Crawfordville, FL 32327 Telephone: 850.926.2452

TAYLOR COUNTY

1012 South Jefferson Street Perry, FL 32348 Telephone: 850.223.1003

MADISON COUNTY

1476 SW Main Street Greenville, FL 32331 Telephone: 850.948.123

FRANKLIN COUNTY

150 10th Street Apalachicola, FL 32320 Telephone: 850.653.1200

SCHEDULE YOUR APPOINTMENT TODAY

commitment to **OUR COMMUNITY:**

DISC Village, Inc. prohibits discrimination in employment, programs or services, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. DISC Village affirms its commitment to providing equal opportunities and access to agency facilities.

This program receives federal Substance Abuse Prevention and Treatment Block Grant funds and serves people who inject drugs. This program is therefore federally required to give preference in admitting people into treatment as follows: Pregnant injecting drug users; Pregnant drug users; People who inject drugs; and all others.

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MEDICATION ASSISTED TREATMENT





OUR SERVICES



he Medication Assisted Treatment Program (MAT) utilizes a variety of Evidence-Based medication protocols designed to best fit into your lifestyle and meet your individual needs.



SUBOXONE

This once daily dissolvable tablet/film is a prescription medication buprenorphine and naloxone that is proven to be safe and effective in the treatment of opioid dependence in adults.



SUBUTEX

This once daily dissolvable tablet is a prescription medication buprenorphine that is proven to be safe and effective in the treatment of opioid dependence in adults.



Sublocade SUBLOCADE

This is a one monthly subcutaneous injection prescription medication buprenorphine that is proven to be safe and effective in the treatment of opioid dependence in adults.



VIVITROL

This non-addictive extended-release injection is used to treat alcohol dependence and opioid dependence. Helps to reduce cravings and quantity. Also available as a daily tablet (Naltrexone).



NARCAN

Is an emergency use non-prescription naloxone nasal spray medication for the treatment of a known or suspected opioid overdose.



KLOXXADO

Is an emergency use non-prescription naloxone nasal spray medication for the treatment of a known or suspected opioid overdose.

YOUR TREATMENT



ur multidisciplinary staff works
to create a custom treatment
plan for you to reach your goals
of an opioid and alcohol free lifestyle.



ASSESSMENT

Work one-on-one with our medical staff on finding the right medication for you and your needs.



COUNSELING/VIRTUAL THERAPY

Our team matches you with a treatment plan that fits your therapeutic needs and can provide in-person or virtual therapy services.



CASE MANAGEMENT

Identify and access additional resources for your recovery.



PEER SUPPORT

The Peer Support Specialist is assigned to you to assist you in a variety of ways to directly suport your recovery efforts.



RECOVERY RE-IMAGINED

YOU'RE INVITED TO A

Tea Fundraiser for





Learn about MMGH updates as we sip tea and have lunch together!

 $\Rightarrow \rightarrow \leftarrow \leftarrow$

SATURDAY, MAY 18 2:00-4:00 PM WILDWOOD NORTHSIDE COMMUNITY CENTER 8005 OAK GROVE RD



Table Hosts can decorate their table in any theme. We will be having a contest with voting for our favorite table at the event!

If you would like to attend the event as a guest <u>OR</u> if you'd like to host a table, please RSVP by 4/30 by emailing makingmiracles@gmail.com or by calling Wendy Wheeless at (850) 508-9890.

OUR TEAM

since 2008, DISC Village has partnered with local school districts to provide life skills development and behavioral health focused programs to youth in our community. Prevention Services program Specialists aim to assist students in developing constructive decision making strategies to increase positive and responsible behavior at school and in the community.

Our staff strives to prevent substance use, school delinquency, and unhealthy lifestyle practices by encouraging the development of effective and lasting self-management and interpersonal skills.



FOUNDATIONS FOR A HEALTHY FUTURE

REGIONAL PREVENTION CENTER

3333 West Pensacola Street, Suite 120 Tallahassee, FL 32304 Telephone: 850.510.1793 Fax: 850.576.3317

POSITIVE ACTION AND SUPPORT FOR STUDENTS EXPOSED TO TRAUMA

Positive Action is currently being offered at

Leon County Public Middle and High Schools Wakulla County Public Middle and High Schools Madison County Central School

OVERCOMING OBSTACLES AND BOUNCE BACK

Is currently being offered at:
W. R. Tolar K-8 School in Liberty County
Some Leon County Public and
Charter Elementary Schools
Wakulla County Public Elementary School

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PREVENTION SERVICES





OUR SERVICES

revention Services offers in-school behavioral health services to address social problems that have the potential to interfere with overall personal success. Participating schools are equipped with a Specialist who meets with students on a one-on-one and/or group basis to focus on areas of individual improvement. Specialists create a safe and supportive environment for students to discover and strengthen their abilities to make positive choices.

POSITIVE ACTION

Positive Action is a school-based curriculum based on the intuitive philoshophy that we feel good about ourselves when we do positive actions. The Throughts-Actions-Feelings Circle (TAF) Illustrates how this works in life: our thoughts lead to actions ans those actions lead to feelings about ourselves which in turn lead to more thoughts.

Sessions include: Self-Concept, Positive actions for your body and mind, managing yourself responsibly, treating others the way you like to be treated, telling yourself the truth, improving yourself continually.

OVERCOMING OBSTACLES

Overcoming Obstacles is a school-based curriculum designed to teach students in grades K-2 and 3-5 fundamental life skills and concepts such as empathy, inegrity, perseverance, and respect.

Sessions include: Being responsible, Empathy, Coping Skills, Respect, Integrity, Resolving Conflicts, Peer Pressure, and Good Friend.

SUPPORT FOR STUDENTS EXPOSED TO TRAUMA

Support for Students Exposed to Trauma is a school-based group intervention for students who have been exposed to traumatic events and are suffering from symptoms of post-traumatic stress disorder.

Sessions include: Common Reaction to Trauma,

Sessions include: Common Reaction to Trauma, Relaxation Techniques, Coping Strategies, Learning to Approach Difficult Situations, and Problem Solving.

BOUNCE BACK

Bounce Back is an Evidenced-Based curriculum that is designed for school-based group intervention for elementary aged youth that have been exposed to stressful and traumatic events.

Activities Focus On: Coping Skills, Feelings and Identification, Relaxation Exercises, Positive Activities, Social Support and Problem Solving.

COMMUNITY ENGAGEMENT

P revention Services strives to encourage the development and maintenance of healthy lifestyle practices across the Big Bend.



REGIONAL PREVENTION CENTER

Advocacy, training, technical assistance, and community-based universal prevention services.



KEEP KIDS DRUG FREE FOUNDATION

Promote community awareness, design and deliver prevention activities, and link community members to resources that support healthy families.



BUY THE AUTO TAG

Request the KKDF specialty tag at your next renewal - the KKDF specialty auto tag is avilable at any county license tag office.



FREE self-paced course to learn about Narcan, how it is administered, & how YOU can help save lives



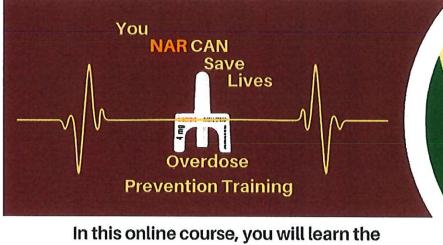
When:

Available **NOW** at your convenience

Where:

Scan the QR code or use the link

to access the course: bit.ly/3isbhLJ



In this online course, you will learn the signs, symptoms, and risk factors for opioid overdose and how to administer Naloxone, also known as Narcan. This course is free and funded by SAMHSA.

Please make sure to complete the survey at the end of the course!









Parenting Supportive Services

Our dedicated team of professionals is here to support you and your family on your journey to mental and emotional well-being. We offer a range of supportive services to help parents navigate the ups and downs of parenthood.



Wellness Check-Ins

Regular check-ins to monitor your well-being and provide guidance when needed.

Parenting Circles

Join a supportive community of parents to share experiences and learn together.



Family & Individual Counseling

Tailored counseling sessions for families and individuals to address specific needs.



Learn how to provide essential first aid for youth experiencing mental health challenges.



Parenting Classes

Gain valuable insights and skills through our parenting classes.

Let SG Mental Health Counseling be your partner on the journey of parenthood. Together, we can build healthier and happier families!

Contact Us Today !!!

1367 East Lafayette Street, Suite C Tallahassee, FL 32301 (850)-536-6632

www.sgmentalhealthservices.com



HOW DOES THIS WORK?

WE FIND

We identify the stage of resilience and emotional awareness that the children are at in their development and strive for improvement through Social Emotional Learning Educational Components.

WE EDUCATE

We educate students on applying a set of social, emotional, and related skills, attitudes, behaviors, and values that enables students to succeed in school and home environments.

WE STRENGHTEN

We connect and guide our parents within the Social Emotional Learning Program. We build mutual trust, strengthen emotional intelligence, and encourage behavior modeling.

WANT TO LEARN MORE?

CALL TODAY

(850) 536-6632





SG Mental Health Counseling 1367 E Lafayette St, Suite C Tallahassee, FL 32301





SG Mental Health Counseling

Social Emotional Learning Program

Empowering Minds, Nurturing Wellness



WE CAN HELP CALL TODAY:

(850) 536-6632

OUR MAIN

FOCUS AREAS

SELF & SOCIAL AWARENESS

SELF-MANAGEMENT

RESPONSIBLE DECISION-MAKING

EMOTIONAL INTELLIGENCE



OUR SERVICES



Our Wellness Navigators help children development of the second awareness, communication skills, healthy relationships, and empathy through age-appropriate SEL groups with engaging lesson class.



GROUP WELLNESS CHECK-INS

Students participate in group sessions led by Wellness Navigators to share thoughts and feelings, promoting empathy and community. The sessions aid in developing emotional intelligence and resilience for academic and personal growth.



INDIVIDUAL WELLNESS CHECK-INS

Responses from mental wellbeing check-ins guide personalized interventions to meet students' unique challenges and strengths.



WEEKLY INDIVIDUAL CHECK-INS

(for students aged 14 and above): 1:1 support to older students, we offer a safe space for them t express themselves and receive guidance on managing their mental health.



PARENT WELLNESS CHECK-INS

We offer support to parents by assessing their stress levels, emotional wellbeing, and mental health. Additionally, we provide connections to

community resources for further assistance



Where are WE LOCATED?

We are currently located within Leon County Schools: Renaissance Academy, Ruediger Elementary School, FAMU DRS, Changing Lives Preparatory Academy and many more.

Community based programming: City of Tallahassee-Parks & Recreation Neighborhood Affairs, Walker Ford, Jake McLean, Jake Gaither, Palmer Munroe Teen Center, Dade Street and LaVerge Payne.





Unleash Your Inner Champion:

A Journey to Wellness and Empowerment

Step into a day of discovery and strength at SG Mental Health Counseling's Kids Wellness Day! Aimed at empowering the next generation, this event is a perfect blend of fun, learning, and personal growth.

FREE FOOD & Giveaways

Wellness Activities

Live Entertainment

✓ Youth Wellness Check-ins

Free Resources



FRIDAY

JUNE 28. 2024

10 AM-2 PM



Location:

Walker Ford Community Center 230l Pasco Street, Tallahassee, FL













OUR TEAM

uvenile Outpatient services are offered by a multidisciplinary staff of professionals experienced in assessment, diagnosis, and treatment of youth with substance misuse and other behavioral health disorders. Our Licensed staff offers a diverse and individualized experience with a holistic approach for treatment to enhance self-sufficiency and self-esteem, while targeting the resolution of underlying chemical dependency.

Our qualified staff partner with other local agencies to ensure the wellbeing of all of our community members by encouraging the development of healthy lifestyle practices.



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WAKULLA COUNTY

85 High Drive Crawfordville, FL 32327 Telephone: 850.926.2452 Fax: 850.926.8355

FRANKLIN COUNTY

150 10th Street Apalachicola, FL 32320 Telephone: 850 653.1200 Fay: 850 653.1202

TAYLOR COUNTY

1012 South Jefferson Stree Perry, FL 32348 Telephone: 850.223.1003 Fax: 850.223.0223

MADISON COUNTY

1476 SW Main Street Greenville, FL 32331 Telephone: 850.948.1231 Fax: 850.948.1230

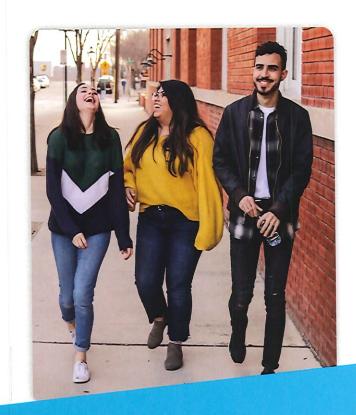
commitment to

OUR COMMUNITY:

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YOUTH OUTPATIENT SERVICES





uvenile Outpatient Services specializes in comprehensive screening, assessment, and counseling for youth ages 11 to 18 with substance misuse and co-occurring mental health diagnoses. Our outpatient offices utilize a variety of Evidence-Based Practices and strategies to assist youth and families seeking therapeutic services on a voluntary or referral basis. Juvenile Outpatient and case management services strive to reduce the barriers to accessing appropriate treatment for youth by integrating services effectively and efficiently into the family's lifestyle.



INDIVIDUAL COUNSELING

Individualized counseling services following a harm reduction based perspective to encourage healthy lifestyle development.



FAMILY COUNSELING

Assisting youth and their families in developing and maintaining a strong, healthy, and functional environment for their success.



CASE MANAGEMENT

Counselors monitor and track the youth's progress in treatment, acting as a liaison between the youth and referral sources.



DRUG SCREENING

Offering a variety of drug screenings for youth who are at risk or have a history of substance abuse.

YOUR SUCCESS



his 6 to 12 week program offers youth and their families individualized services that meet their specific needs and treatment recommendations.



HARM REDUCTION

Sustain a substance free lifestyle for a minimum of 30 days with weekly drug screenings.



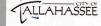
TREATMENT PLANNING

Addressing youth's individualized goals and the potential effects of substance use on overall success.



MAKING THE CONNECTION

Counselors engage with referral sources on a monthly basis to report individual success and program involvement.











PROGRAM FEES

Program fees are assessed on a sliding scale based on household income. Assistance is available for making private insurance claims.



